

Venue: Hilton Northampton, 100 Watering Lane, Collingtree, Northampton, NN4 0XW

(Nine CPD Points available)

Programme

**Saturday 9<sup>th</sup> November 2019**

**10: 30 Welcome Address: President BPPA Dr Syed Qaiser Zaidi**

**10:45 Introduction to the conference – Chair Scientific Committee Dr Mustafa Soomro**

**11.00 Scientific Session 1; Public health related concepts and approaches**

Chairperson: Professor Asif Zia

Vice Chairperson: Dr Irfan Raees

**11.00 to 11.45**

**“Public health psychiatry and prevention of mental disorders”**

Professor Kam Bhui Queen Mary University of London

**11.45 – 12.30**

**"Effective suicide prevention is a public health issue"**

Professor Rob Poole FRCPsych, Professor of Social Psychiatry, Bangor University

**12.30 to 13.15**

**“Prevention, Parity and Equally Well”**

Dr Adrian James, Consultant Forensic Psychiatrist, Registrar Royal College of Psychiatrists, London UK

**13.15 – 14.00 Lunch**

**14.00 Scientific session 2; Prevention in clinical practice**

Chairperson: Dr Hamid Nuliyawala

Vice Chairperson: Dr Bilal Ahmed

**14.00 – 14.45 Prevention of self-harm and suicide: “From participant to parliament: Culturally adapted Manual Assisted Problem solving (C-MAP) intervention for Self-Harm. RCT from Pakistan.”**

Professor Nusrat Husain, University of Manchester

**14.45 to 15.30**

**“Relapse and recovery in first episode non-affective psychosis and schizophrenia”**

Dr Sameer Jauhar, Senior Research Fellow at Institute of Psychiatry and King’s College London

**15.30 to 15.45 Tea/Coffee**

**15.45 Scientific Session 3; Prevention in clinical practice (neurobiological areas)**

Chairperson: Professor Tanvir Ahmad Rana

Vice Chairperson: Dr Rameez Zafar

**15.45 -16.30**

**" How Biomarkers can be used for Prevention in Psychiatric Practice?"**

Professor Mujeeb Shad, Oregon USA

**16.30 to 17.15**

**"Improving diagnosis of dementia in British Pakistani Population"**

Dr Waqas Waheed and Dr Nadine Mirza; The University of Manchester

**17.15 Closing Remarks: President BPPA**

**18.00 AGM**

**19.00 Dinner**

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**Sunday 10<sup>th</sup> November 2019**

**9.30 Scientific session 4: Subtyping patients (and a workshop on critical appraisal)**

Chairperson: Dr Muhammad Asghar

Vice Chairperson: Dr Shahzada Nawaz

**9.30 to 10.15**

**"Are patients who use and do not use cannabis different groups? Presentation of results from the EfCIP study"**

Dr Musa Sami, Consultant Psychiatrist, London

**10.15 to 11.00**

**"Bio-typing psychosis for individualised treatment"**

Dr Mohammad Zia Katshu, Associate Clinical Professor, University of Nottingham, UK

11.00 to 11.15 Tea Coffee

**11.15 to 12.45**

**"How to read a paper on Systematic review"**

Dr Waqas Waheed, the University of Manchester

Dr Wali Waheed, London School of Hygiene and Tropical Medicine

**12.45 Closing Remarks: Dr Qaiser Abbas Zaidi, President BPPA**